Coverage for: Individual/Family | Plan Type: Choice with Harvard Pilgrim



### Harvard Pilgrim Choice Plus Plan

\*The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.oraclebenefits.com or call 1-888-404-2494. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-866-672-2511 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$300.00 Individual / \$900.00 Family Non-Network: Not Covered per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive Care</u> and primary care services with <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No, there are no other <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this <u>plan</u> covers.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For network provider: \$1,000.00 Individual / \$2,000.00 Family per calendar year For out-of-network providers: Not Covered	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, balance-billing charges, health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> .

Confidential – Oracle Internal Page 1 of 7

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <a href="www.myuhc.com">www.myuhc.com</a> or call 1-866-672-2511 for a list of <a href="network providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist?</u>	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20.00 <u>copay</u> /visit	Not covered	*Virtual visit – in-network \$5.00 copay per visit by a Designated Virtual Network Provider. No virtual visit coverage for out of network.  If you receive services in addition to office visits, additional copays, deductibles, or co-insurance may apply.
of chine	Specialist visit \$30.00 g	\$30.00 <u>copay</u> /visit	Not covered	None
	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	0% <u>coinsurance</u>	Not covered	None

		What You	Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network  Provider  (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Imaging (CT/PET scans, MRIs)	0% <u>coinsurance</u>	Not covered	None
	Generic Drugs (Tier 1)	Retail: \$5.00 <u>copay</u> Mail Order: \$10.00 <u>copay</u>	Not covered	Certain preventive medications (including certain contraceptives) are covered at No Charge.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.myuhc.com	Preferred brand drugs (Tier 2)	Retail: 20% <u>coinsurance</u> <u>deductible</u> does not apply Mail Order: 20% <u>coinsurance</u> <u>deductible</u> does not apply	Not covered	Retail-\$30.00 min, \$60.00.00 max /Mail order-\$60 min, \$120.00 max Certain preventive medications (including certain contraceptives) are covered at No Charge.
	Non-preferred brand drugs (Tier 3)	Retail: 20% <u>coinsurance</u> <u>deductible</u> does not apply Mail Order: 20% <u>coinsurance</u> <u>deductible</u> does not apply	Not covered	Retail- \$50.00 min, \$100.00.00 max / Mail order-\$100 min, \$200.00 max Certain preventive medications (including certain contraceptives) are covered at No Charge.
	Specialty drugs (Tier 4)	Specialty copays and co- insurance based on mail order tiers	Not covered	Specialty drugs must be filled through mail order by a designated OptumRx Specialty Pharmacy, Optum Specialty Pharmacy or another designated Specialty Pharmacy in the OptumRx Specialty Network, and can only be filled in 31-day supplies
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% <u>coinsurance</u>	Not covered	None
	Physician/surgeon fees	0% <u>coinsurance</u>	Not covered	None
	Emergency room care	\$150.00 <u>copay</u> /visit	\$150.00 <u>copay</u> /visit	None

Common   Medical Event   Services You May Need   Network Provider (You will pay the least)   Duto/Retwork Provider (You will pay the most)   Common   Duto/Retwork Provider (You will pay the most)			What You Will Pay		
If you have a hospital stay		Medical Event  Services You May Need  Network Provider  (You will pay the least)  Provider  Provider			
Facility fee (e.g., hospital room)   O% coinsurance, medical deductible does not apply		,	No charge	No charge	None
If you need mental health, behavioral health, or substance abuse services   Office visits	attention	<u>Urgent care</u>	\$10.00 <u>copay</u> /visit	Not covered	None
If you need mental health, or substance abuse services   Substance   Childbirth/delivery facility services   Substance   Childbirth/delivery facility services   Substance	•		· ·	Not covered	None
If you need mental health, behavioral health, or substance abuse services	hospital stay	Physician/surgeon fees	0% <u>coinsurance</u>	Not covered	None
Coffice visits   \$20.00 copay/initial visit only   Not covered   Cost sharing does not apply for preventive services. Depending on the type of service, a copayment, coinsurance or deductible may apply.   Maternity care may include tests and services described elsewhere in the SBC. (i.e., ultrasound)	health, behavioral health, or substance	Outpatient services	\$20.00 <u>copay</u> /visit	Not covered	Outpatient treatment and Intensive Behavioral Therapy (ABA) 80% after plan deductible and non-network 80% after plan deductible.  EAP is limited to 10 visits per issue per
If you are pregnant  Office visits  only  Childbirth/delivery professional services  Childbirth/delivery facility services  Childbirth/delivery facility services  No charge  No coinsurance  No covered  Pulmonary and Cardiac Rehabilitation therapy is unlimited. Occupational, Speech and Physical Therapy is limited		Inpatient services	No charge	Not covered	None
If you are pregnant   professional services   O/8 Consurance   Not covered   Coinsurance   Coinsur		Office visits	* ·	Not covered	
Childbirth/delivery facility services  No charge  Not covered  Services described elsewhere in the SBC. (i.e., ultrasound)  Home health care  O% coinsurance  Not covered  None  Pulmonary and Cardiac Rehabilitation therapy is unlimited. Occupational, Speech and Physical Therapy is limited	If you are pregnant		0% <u>coinsurance</u>	Not covered	
If you need help recovering or have other special health  Rehabilitation services  \$30.00 copay/visit  Not covered  Pulmonary and Cardiac Rehabilitation therapy is unlimited. Occupational, Speech and Physical Therapy is limited		, ,	No charge	Not covered	services described elsewhere in the SBC.
recovering or have other special health  Rehabilitation services  \$30.00 copay/visit  Not covered  therapy is unlimited. Occupational, Speech and Physical Therapy is limited		Home health care	0% <u>coinsurance</u>	Not covered	None
to 60 combined visits per calendar year.	recovering or have	Rehabilitation services	\$30.00 <u>copay</u> /visit	Not covered	therapy is unlimited. Occupational,
<u>Habilitation services</u> Not covered Not covered <u>Habilitation Services</u> are not covered		Habilitation services	Not covered	Not covered	Habilitation Services are not covered

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Confidential – Oracle Internal

Page 4 of 7

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Skilled nursing care	No charge	Not covered	100 days per calendar year.
	<u>Durable medical</u> <u>equipment</u>	0% <u>coinsurance</u>	Not covered	None
	Hospice services	0% <u>coinsurance</u>	Not covered	Limited to Lifetime max of 6 months.
If your child needs	Children's eye exam	Not covered	Not covered	Child routine vision exam is not covered.
dental or eye care	Children's glasses	Not covered	Not covered	Child glasses are not covered.
	Children's dental check- up	Not covered	Not covered	Child dental check-up is not covered.

#### **Excluded Services & Other Covered Services:**

Chiropractic care – 20 per calendar year

Services Your <u>Plan</u> Generally Does NOT Cover <u>services</u> .)	(Check your policy or <u>plan</u> document for more i	nformation and a list of any other <u>excluded</u>	
<ul><li>Adult routine vision exam (i.e. refraction)</li><li>Cosmetic Surgery</li></ul>	<ul> <li>Dental Care (Adult)</li> <li><u>Habilitation Services</u></li> <li>Long-term care</li> </ul>	<ul><li>Routine foot care</li><li>Weight loss programs</li></ul>	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)			
Acupuncture     Bariatric surgery     Chirapprostia care 20 per selender year	<ul><li>Hearing aids - 1 per ear every 3 years</li><li>Infertility treatment</li></ul>	<ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	

• Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">https://www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.dol.gov/ebsa/healthreform">Health Insurance Marketplace</a>. For more information about the <a href="https://www.delthCare.gov/">Marketplace</a>, visit <a href="https://www.delthCare.gov/">www.HealthCare.gov/</a> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-866-672-2511 or visit <u>www.myuhc.com</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u>.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium</u> tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-672-2511.

Traditional Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-672-2511.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-672-2511.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf 1-866-672-2511 uff.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-672-2511.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-866-672-2511.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-866-672-2511.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-866-672-2511.

————————————To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

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Confidential – Oracle Internal

Page 6 of 7

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall	¢200 00
<u>deductible</u>	\$300.00
■ Specialist copayment	\$30.00
■ Hospital (facility)	0%
<u>coinsurance</u>	0%
■ Other <u>coinsurance</u>	0%

## This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

/	
Total Example Cost	\$12,700
In this example, Peg would p	pay:

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$300.00	
<u>Copayments</u>	\$10.00	
<u>Coinsurance</u>	\$0.00	
What isn't covered		
Limits or exclusions	\$60.00	
The total Peg would pay is	\$370.00	

## Managing Joe's type 2 Diabetes

(a year of routine in-<u>network</u> care of a wellcontrolled condition)

■ The <u>plan's</u> overall	¢200.00
<u>deductible</u>	\$300.00
■ Specialist copayment	\$30.00
■ Hospital (facility)	0%
<u>coinsurance</u>	0%
■ Other <u>coinsurance</u>	0%

# This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Coat Chamina		

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$100.00	
<u>Copayments</u>	\$400.00	
<u>Coinsurance</u>	\$500.00	
What isn't covered		
Limits or exclusions	\$20.00	
The total Joe would pay is	\$1,020.00	

### Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

■ The <u>plan's</u> overall	\$300.00
<u>deductible</u>	
■ Specialist copayment	\$30.00
■ Hospital (facility)	0%
<u>coinsurance</u>	
■ Other <u>coinsurance</u>	0%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

<u>Diagnostic test</u> (x-ray)

<u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

**Total Example Cost** 

_		
In this example, Mia would pay:		
<u>Cost Sharing</u>		
<u>Deductibles</u>	\$300.00	
<u>Copayments</u>	\$400.00	
<u>Coinsurance</u>	\$0.00	
What isn't covered		
Limits or exclusions	\$0.00	
The total Mia would pay is	\$700.00	

\$2,800